

<DOCUMENT>
<TYPE>PRE 14A
<SEQUENCE>1
<FILENAME>prelimproxy3-22.txt
<DESCRIPTION>PRELIM. PROXY
<TEXT>

SCHEDULE 14A

SCHEDULE 14A INFORMATION
Proxy Statement Pursuant to Section 14(a) of the
Securities Exchange Act of 1934

Filed by the Registrant [X]

Filed by Party other than the Registrant []

Check the appropriate box:

- Preliminary Proxy Statement
- Confidential, for Use of the Commission Only (as permitted by Rule 14a-6(e)(2))
- Definitive Proxy Statement
- Definitive Additional Materials
- Soliciting Material Pursuant to ss.240.14a-12

VETANOVA, INC.
(Name of Registrant as Specified In Its Charter)

William T. Hart - Attorney for Registrant

(Name of Person(s) Filing Proxy Statement)

Payment of Filing Fee (Check the appropriate box):

- \$500 per each party to the controversy pursuant to Exchange Act Rule 14a-6(i)(3)
- Fee computed on table below per Exchange Act Rules 14a-6(i)(4) and 0-11.

1) Title of each class of securities to which transaction applies:

2) Aggregate number of securities to which transaction applies:

3) Per unit price or other underlying value of transaction computed pursuant to Exchange Act Rule 0-11:

<PAGE>

VetaNova, Inc.
335 A Josephine St.
Denver, CO 80206
(303) 248-6883

NOTICE OF SPECIAL MEETING OF SHAREHOLDERS

TO BE HELD _____, 2022

To the Shareholders:

Notice is hereby given that the special meeting of the shareholders of VetaNova, Inc. (the "Company") will be held at _____, on _____, 2022 at ____:____.m. local time, for the following purposes:

- (1) subject to the determination of the Company's directors that a reverse split would be in the best interest of the Company's shareholders, to approve a reverse split of the Company's common stock on a 60-for-1 basis. The Board of Directors may elect not to proceed with the reverse stock split without further action by the shareholders;

to transact such other business as may properly come before the meeting or any adjournments or postponements thereof.

_____, 2022 is the record date for the determination of shareholders entitled to notice of and to vote at the meeting. Shareholders are entitled to one vote for each share held. As of _____, 2022, there were _____ outstanding shares of the Company's common stock.

VETANOVA, INC.

_____, 2022

John McKowen, Chief Executive Officer

The Board of Directors solicits the enclosed proxy. Your vote is important no matter how large or small your holdings. To assure your representation at the meeting, please vote promptly.

If you need additional copies of this Proxy Statement or the Proxy Card, or if you have other questions about the proposal or how to vote your shares, you may contact:

PLEASE INDICATE YOUR VOTING INSTRUCTIONS ON THE ATTACHED PROXY CARD, AND SIGN, DATE AND RETURN THE PROXY CARD TO SAVE THE COST OF FURTHER SOLICITATION.

PLEASE VOTE PROMPTLY

<PAGE>

VetaNova, Inc.
335 A Josephine St.
Denver, CO 80206
(303) 248-6883

PROXY STATEMENT

The accompanying proxy is solicited by the Company's directors for voting at the special meeting of shareholders to be held on _____, 2022, and at any and all adjournments of such meeting. If the proxy is executed and returned, it will be voted at the meeting in accordance with any instructions, and if no specification is made, the proxy will be voted for the proposal set forth in the accompanying notice of the special meeting of shareholders. Shareholders who execute proxies may revoke them at any time before they are voted, either by writing to the Company at the address shown above or in person at the time of the meeting. Additionally, any later dated proxy will revoke a previous proxy from the same shareholder. This proxy statement was posted on the Company's website on or about _____, 2022.

There is one class of capital stock outstanding. Provided a quorum consisting of a majority of the shares entitled to vote is present at the meeting. The proposal to come before the meeting will be adopted if votes cast in favor of the proposal exceed the votes cast against the proposal.

Shares of the Company's common stock represented by properly executed proxies that reflect abstentions or "broker non-votes" will be counted as present for purposes of determining the presence of a quorum at the annual meeting. "Broker non-votes" represent shares held by brokerage firms in "street-name" with respect to which the broker has not received instructions from the customer or otherwise does not have discretionary voting authority. Abstentions and broker non-votes will not be counted as having voted against the proposals to be considered at the meeting.

PRINCIPAL SHAREHOLDERS

The following table lists, as of March 31, 2022, information with respect to the persons owning beneficially 5% or more of the Company's outstanding common stock and the number and percentage of outstanding shares owned by each director and officer of the Company and by the officers and directors as a group. Unless otherwise indicated, each owner has sole voting and investment powers over his or her shares of common stock.

Name and Address -----	Shares Owned(1) -----	Percent of Outstanding Shares -----
John R. McKowen 335 A Josephine St. Denver, Colorado 80206	88,107,690	20.65%
GrowCo Partners 1, LLC 335 A Josephine Street Denver, CO	70,000,000 (1)	16.41%
VitaNova Partners, LLC 335 A Josephine Street Denver, CO 80206	107,581,262 (1) (2)	12.25%
 <PAGE>		
GrowCo Partners 2, LLC 335 A Josephine Street Denver, CO	20,000,000 (1)	4.69%
GrowCo Inc. 335 A Josephine Street Denver, CO	5,000,000 (1)	1.17%
Prasil Family Matters, LLC 7275 N. Scottsdale Road Paradise Valley, AZ 85253	39,137,327	9.17%
Jon D. & Linda W. Gruber Trust 300 Tamal Plaza, Ste 280 Corte Madera, CA 94925	36,650,603	8.59%
I. Wistar Morris 19 Pond Lane	19,998,386	5.7%
All officers and directors as a group (one person)	290,688,952	68.8%

(1) This entity is controlled by Mr. McKowen.

- (2) Includes shares issuable prior to December 31, 2022 upon the exercise of options or warrants held by:

Name	Options or Warrants Exercisable Prior to December 31, 2022
-----	-----
VitaNova Partners, LLC 335 A Josephine Street Denver, CO 80206	55,312,837

<PAGE>

PROPOSAL TO APPROVE A REVERSE SPLIT
OF THE COMPANY'S COMMON STOCK

Stockholders are being requested to give the Company's Board of Directors the authorization to reverse split the outstanding shares of the Company's common stock on a 60-for-1 basis. The Company's Board of Directors reserves the right, even after stockholder approval, to forego the reverse stock split if it determines such action is not in the Company's best interests or the best interests of the Company's shareholders. If the Board of Directors does not promptly proceed with the reverse split, shareholder approval for authorization to reverse split the Company's common stock will expire on ____, 2022. If the reverse split is abandoned, the Board of Directors may again seek stockholder approval at a future date for a reverse stock split if it deems a reverse stock split to be advisable at that time.

The Company's Board of Directors has not made any determination as to whether it will actually proceed with a reverse split of the Company's common stock; it is only seeking shareholders' approval for such a step at this time. The Company's Board of Directors believes that, it would be in the best interests of the Company's shareholders to adopt a proposal that allows the Board of Directors to determine whether or not to proceed with a reverse stock split.

As of March 31, 2022, the Company:

- o was authorized to issue 500,000,000 shares of common stock;
- o had 426,584,275 outstanding shares of common stock;
- o had outstanding warrants which would allow the holders to acquire 59,997,773 shares of common stock; and
- o had outstanding convertible notes which would require the Company to issue 39,303,421 shares of common stock if all of the notes were converted into shares of common stock.

If all outstanding warrants were exercised and all convertibles notes were converted into shares of the Company's common stock the Company would not have enough authorized but unissued shares to issue to the holders of the Company's warrants and convertible notes.

The reverse split, if adopted, would not change the number of shares of common stock which the Company is authorized to issue. However, a reverse split would reduce the number of the Company's outstanding shares, which would enable the Company to issue more shares than it would be able to issue if the reverse split was not adopted.

If the reverse split is adopted, the Company:

- o would still be authorized to issue 500,000,000 shares of common stock;
- o would have 7,109,738 outstanding shares of common stock;
- o would have outstanding warrants which will allow the holders to acquire 999,963 shares of common stock; and
- o would have outstanding convertible notes which will require the Company to issue 655,057 shares of common stock if all of the notes were converted into shares of common stock.

Fractional shares will be issued if the reverse stock split is approved.

<PAGE>

At the present time, the Company's common stock trades on the over-the-counter market system maintained by the OTC Markets Group.

The reverse stock split would not eliminate any shareholders, since according to the Company's transfer agent, no shareholder owns less than 100 shares.

The Company has no plans to terminate the registration of its common stock under the Securities Exchange Act of 1934 as a result of the reverse stock split.

Accordingly, stockholders are being requested to approve a 1-for-60 reverse split of the outstanding shares of the Company's common stock.

The Company's Board of Directors recommends that stockholders vote for this proposal.

AVAILABILITY OF ANNUAL REPORT ON FORM 10-K

The Company's Annual Report on Form 10-K for the year ending December 31, 2021 is available at <http://www.sec.gov/edgar/browse/?CIK=1280396&owner=exclude>.

GENERAL

The cost of preparing, printing and mailing the enclosed proxy, accompanying notice and proxy statement, and all other costs in connection with solicitation of proxies will be paid by the Company including any additional solicitation made by letter or telephone. Failure of a quorum to be present at the meeting will necessitate adjournment and will subject the Company to additional expense.

The Company's Board of Directors does not intend to present and does not have reason to believe that others will present any other items of business at the annual meeting. However, if other matters are properly presented to the meeting for a vote, the proxies will be voted upon such matters in accordance with the judgment of the persons acting under the proxies.

Please complete, sign and return the attached proxy card promptly.

<PAGE>

PROXY VETANOVA, INC.

This Proxy is solicited by the Company's Board of Directors

The undersigned stockholder of VetaNova, Inc. acknowledges receipt of the Notice

of the Special Meeting of Stockholders to be held _____, 2022, __:___.m. local time, at _____, and hereby appoints John McKowen with the power of substitution, as Attorney and Proxy to vote all the shares of the undersigned at said special meeting of stockholders and at all adjournments thereof, hereby ratifying and confirming all that said Attorney and Proxy may do or cause to be done by virtue hereof. The above named Attorney and Proxy is instructed to vote all of the undersigned's shares as follows:

The Board of Directors recommends you vote FOR the following proposal;

- (1) Subject to the determination of the Company's directors that a reverse split would be in the best interest of the Company's shareholders, to approve a 60-for-1 reverse split of the Company's common stock.

[] FOR [] AGAINST [] ABSTAIN

To transact such other business as may properly come before the meeting or any adjournments or postponements thereof.

THIS PROXY, WHEN PROPERLY EXECUTED, WILL BE VOTED AS DIRECTED HEREIN BY THE UNDERSIGNED STOCKHOLDER. IF NO DISCRETION IS INDICATED, THIS PROXY WILL BE VOTED IN FAVOR OF ITEM 1.

Dated this _____ day of _____ 2022.

(Signature)

(Signature)

Please sign your name exactly as it appears on your stock certificate. If shares are held jointly, each holder should sign. Executors, trustees, and other fiduciaries should so indicate when signing.

Please Sign, Date and Return this Proxy so that your shares may be voted at the meeting.

Send the proxy by regular mail or email to:

VetaNova, Inc.
Attn: John McKowen
335 A Josephine St.
Denver, CO 80206
(303) 248-6883
Email: john@vtanova.com

<PAGE>

VETANOVA, INC.
NOTICE OF INTERNET AVAILABILITY OF PROXY MATERIALS

Important Notice Regarding the Availability of Proxy Materials for the Special Shareholder Meeting to Be Held on _____, 2022.

- 1. This notice is not a form for voting.
- 2. This communication presents only an overview of the more complete proxy materials that are available to you on the Internet. We encourage you to access and review all of the important information contained in the proxy materials before voting.

3. The Notice of the Special Meeting of Shareholders, Proxy Statement, Proxy Card, and Annual Report to Shareholders are available at _____.
4. If you want to receive a paper or email copy of these documents, you must request one. There is no charge to you for requesting a copy. Please make your request for a copy as instructed below on or before _____, 2022 to facilitate timely delivery.

The special meeting of the Company's shareholders will be held at _____ on _____, 2022, at ____:____.M. Mountain Time, for the following purposes:

- o subject to the determination of the Company's directors that a reverse split would be in the best interest of the Company's shareholders, to approve a reverse split of the Company's common stock on a 60-for-1 basis; and
- o to transact such other business as may properly come before the meeting.

The Board of Directors recommends that shareholders vote FOR the reverse stock split.

_____, 2022 is the record date for the determination of shareholders entitled to notice of and to vote at such meeting. Shareholders may cast one vote for each share held.

Shareholders may access the following documents at _____:

- o Notice of the Special Meeting of Shareholders
- o Company's Proxy Statement;
- o Company's Annual Report on form 10-K for the year ended December 31, 2021
- o Proxy Card

Shareholders may request a paper copy of the Proxy Materials and Proxy Card by visiting _____ and indicating if you want a paper copy of the proxy materials and proxy card:

- o for this meeting only, or
- o for this meeting and all other meetings.

If you have a stock certificate registered in your name, or if you have a proxy from a shareholder of record on _____, 2022, you can, if desired, attend the Special Meeting and vote in person. Shareholders can obtain directions to the 2022 annual shareholders' meeting at _____.

<PAGE>

Please visit _____ to print and fill out the Proxy Card. Complete and sign the proxy card and mail the Proxy Card to:

VetaNova, Inc.
Attn: John McKowen
335 A Josephine St.
Denver, CO 80206

(303) 248-6883

Email: john@vtanva.com

</TEXT>
</DOCUMENT>